Guidelines for the Prevention and Treatment of Opportunistic Infections in Adults and Adolescents with HIV.

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### Table 1. Prophylaxis to Prevent First Episode of Opportunistic Disease

*(Last updated October 10, 2019; last reviewed October 10, 2019)*

<table>
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<tbody>
<tr>
<td>Coccidioidomycosis</td>
<td>A new positive IgM or IgG serologic test in patients who live in a disease-endemic area and with CD4 count &lt;250 cells/µL <em>(BIII)</em></td>
<td>Fluconazole 400 mg PO daily <em>(BIII)</em></td>
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<tr>
<td>Hepatitis A Virus (HAV) Infection</td>
<td>HAV-susceptible patients with chronic liver disease, or who are injection-drug users, or MSM <em>(AII)</em>. IgG antibody response should be assessed 1 month after vaccination; non-responders should be revaccinated when CD4 count &gt;200 cells/µL <em>(BIII)</em>.</td>
<td>Hepatitis A vaccine 1 mL IM x 2 doses at 0 and 6–12 months <em>(AII)</em>. For patients susceptible to both HAV and hepatitis B virus (HBV) infection (see below): Combined HAV and HBV vaccine (Twinrix®), 1 mL IM as a 3-dose (0, 1, and 6 months) or 4-dose series (days 0, 7, 21 to 30, and 12 months) <em>(AII)</em></td>
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| Hepatitis B Virus (HBV) Infection | • Patients without chronic HBV or without immunity to HBV (i.e., anti-HBs <10 international units/mL) (AII)  
• Vaccination is recommended before CD4 count falls below 350 cells/µL (AII).  
• In patients with CD4 counts 350 cells/µL, vaccination should not be deferred until CD4 count reaches >350 cells/µL, because some patients with CD4 counts <200 cells/µL do respond to vaccination (AII). | • HBV vaccine IM (Engerix-B 20 µg/mL or Recombivax HB 10 µg/mL), 0, 1, and 6 months (AII), or  
• HBV vaccine IM (Engerix-B 40 µg/mL or Recombivax HB 20 µg/mL), 0, 1, 2 and 6 months (BI),  
• Vaccine conjugated to CpG (Heplisav-B®) IM at 0 and 1 months (CIII) – a 2-dose series can only be used when both doses given are Heplisav-B®.  
• Combined HAV and HBV vaccine (Twinrix®), 1 mL IM as a 3-dose (0, 1, and 6 months) or 4-dose series (days 0, 7, 21 to 30, and 12 months) (AII) | Some experts recommend vaccinating with 40-µg doses of either HBV vaccine (CIII). |

**Vaccine Non-Responders:**  
• Anti-HBs <10 international units/mL 1 month after vaccination series  
• For patients with low CD4 counts at time of first vaccine series, some experts might delay revaccination until after a sustained increase in CD4 count with ART (CIII).  

**Re-vaccinate with a second vaccine series (BIII)**  
• HBV vaccine IM (Engerix-B 40 µg/mL or Recombivax HB 20 µg/mL), 0, 1, 2 and 6 months (BI).
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<td>Histoplasmosis</td>
<td>CD4 count ≤150 cells/µL and at high risk because of occupational exposure or live in a community with a hyperendemic rate of histoplasmosis (&gt;10 cases/100 patient-years) (BI)</td>
<td>Itraconazole 200 mg PO daily (BI)</td>
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<tr>
<td>Human Papillomavirus (HPV) Infection</td>
<td>Females and males aged 13–26 years (AIII)</td>
<td>• HPV recombinant vaccine 9 valent (Types 6, 11, 16, 18, 31, 33, 45, 52, 58) 0.5 mL IM at 0, 1–2, and 6 months (AIII)</td>
<td>For patients who have completed a vaccination series with the recombinant bivalent or quadrivalent vaccine, many experts would give an additional full series of recombinant 9-valent vaccine, but there are no data to define who might benefit or how cost effective this approach might be (CIII).</td>
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<tr>
<td>Influenza A and B Virus Infection</td>
<td>All persons with HIV (AIII)</td>
<td>Inactivated influenza vaccine annually (per recommendation for the season) (AIII) High-dose inactivated influenza vaccine may be given to individuals aged ≥65 years (CIII). Live-attenuated influenza vaccine is contraindicated in patients with HIV (AIII).</td>
<td>N/A</td>
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<tr>
<td>Malaria</td>
<td>Travel to disease-endemic area</td>
<td>Recommendations are the same for HIV-infected and HIV-uninfected patients. Recommendations are based on region of travel, malaria risks, and drug susceptibility in the region. Refer to the following website for the most recent recommendations based on region and drug susceptibility: <a href="http://www.cdc.gov/malaria/">http://www.cdc.gov/malaria/</a>.</td>
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<tr>
<td>Mycobacterium avium Complex (MAC) Disease</td>
<td>For CD4 Count &lt;50 cells/mm³  • Not recommended for those who immediately initiate ART (AII).  • Recommended for those who are not on fully suppressive ART, after ruling out active disseminated MAC disease (AI).</td>
<td>• Azithromycin 1200 mg PO once weekly (AII), or  • Clarithromycin 500 mg PO BID (AI), or  • Azithromycin 600 mg PO twice weekly (BIII)</td>
<td>Rifabutin (dose adjusted based on concomitant ART)(BII); rule out active TB before starting rifabutin.</td>
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| **Mycobacterium tuberculosis Infection (TB)** (i.e., treatment of latent TB infection [LTBI]) | Positive screening test for LTBI,\(^b\) with no evidence of active TB, and no prior treatment for active TB or LTBI (AI) or Close contact with a person with infectious TB, with no evidence of active TB, regardless of screening test results (AI). | (INH 300 mg plus pyridoxine 25-50 mg) PO daily for 9 months (AII) or LTBI treatment and ART act independently to decrease the risk of TB disease. Thus, ART is recommended for all persons with HIV and LTBI (AI). | Rifapentine (see dose below) PO plus INH 900 mg PO plus pyridoxine 50 mg PO once weekly for 12 weeks (AII)

**Note:** Rifapentine only recommended for persons receiving RAL or EFV-based ART regimen

**Rifapentine Weekly Dose**
- Weighing 32.1 to 49.9 kg:
  - 750 mg
- Weighing >50 kg:
  - 900 mg or Rifampin 600 mg PO daily for 4 months (BI)
- For persons exposed to drug-resistant TB, select anti-TB drugs after consultation with experts or public health authorities (AII). |

| Pneumocystis Pneumonia (PCP) | • CD4 count <200 cells/mm\(^3\) (AI), or • CD4 <14% (BII), or • If ART initiation must be delayed, CD4 count ≥200, but <250 cells/mm\(^3\) and if monitoring of CD4 cell count every 3 months is not possible (BII) **Note:** Patients who are receiving pyrimethamine/sulfadiazine for treatment or suppression of toxoplasmosis do not require additional PCP prophylaxis (AII). | • TMP-SMX\(^c\) 1 DS tablet PO daily (AI), or • TMP-SMX\(^c\) 1 SS tablet daily (AI) | • TMP-SMX\(^c\) 1 DS PO three times weekly (BI), or • Dapsone\(^d\) 100 mg PO daily or 50 mg PO BID (BI), or • Dapsone\(^d\) 50 mg PO daily with (pyrimethamine\(^e\) 50 mg plus leucovorin 25 mg) PO weekly (BI), or • (Dapsone\(^d\) 200 mg plus pyrimethamine\(^e\) 75 mg plus leucovorin 25 mg) PO weekly (BI); or • Aerosolized pentamidine 300 mg via Respigard II™ nebulizer every month (BI), or • Atovaquone 1500 mg PO daily (BI), or • (Atovaquone 1500 mg plus pyrimethamine\(^e\) 25 mg plus leucovorin 10 mg) PO daily (CIII) |
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| **Streptococcus pneumoniae Infection** | For individuals who have never received any pneumococcal vaccine, regardless of CD4 count | PCV13 0.5 mL IM one time (AII) followed by: 
  * If CD4 Count ≥ 200 cells/mm³
    - PPV23 0.5 mL IM at least 8 weeks after the PCV13 vaccine (AII).
  * If CD4 Count < 200 cells/mm³
    - PPV23 can be offered at least 8 weeks after receiving PCV13 (CIII), or
    - Can wait until CD4 count increased to >200 cells/mm³ on ART (BIII). | PPV23 0.5 mL IM one time (BII) |
| For individuals who have previously received PPV23 | One dose of PCV13 should be given at least 1 year after the last receipt of PPV23 (AII). Adults (aged ≥ 19 years) should wait at least 1 year, and adolescents (aged <19 years) should wait at least 8 weeks after last receipt of PPV23 (BIII). | N/A |
| Re-Vaccination | • If aged 19–64 years and ≥ 5 years since the first PPV23 dose
  • Final dose to be given at age ≥ 65 years, and if ≥ 5 years since the previous PPV23 dose
  • Typically, no more than 3 doses of PPV23 in a lifetime | PPV23 0.5 mL IM one time (BII) | N/A |
| **Syphilis** | • For individuals exposed to a sex partner with a diagnosis of primary, secondary, or early latent syphilis within past 90 days (AII), or
  • For individuals exposed to a sex partner >90 days before syphilis diagnosis in the partner, if serologic test results are not available immediately and the opportunity for follow-up is uncertain (AIII) | Benzathine penicillin G 2.4 million units IM for 1 dose (AII) | For penicillin-allergic patients:
  • Doxycycline 100 mg PO BID for 14 days (BII), or
  • Ceftriaxone 1 g IM or IV daily for 8–10 days (BII), or
  • Azithromycin 2 g PO for 1 dose (BII) – not recommended for MSM or pregnant women (AII) |
| **Talaromycosis (Formerly Penicilliosis)** | Patients with CD4 cell counts <100 cells/µL who live or stay for a long period in rural areas in northern Thailand, Vietnam, or Southern China (BII) | Itraconazole 200 mg once daily (BII) | Fluconazole 400 mg PO once weekly (BII) |
| **Toxoplasma gondii Encephalitis** | • Toxoplasma IgG-positive patients with CD4 count <100 cells/µL (AII)
  **Note:** All regimens recommended for primary prophylaxis against toxoplasmosis are also effective as PCP prophylaxis. | TMP-SMX® 1 DS PO daily (AII) | • TMP-SMX® 1 DS PO three times weekly (BII), or
  • TMP-SMX® 1 SS PO daily (BII), or
  • Dapsone® 50 mg PO daily + (pyrimethamine® 50 mg + leucovorin 25 mg) PO weekly (BII), or
  • (Dapsone® 200 mg + pyrimethamine® 75 mg + leucovorin 25 mg) PO weekly (BII); or |
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| **Toxoplasma gondii Encephalitis, continued** | | | • Atovaquone 1500 mg PO daily (CIII); or  
• (Atovaquone 1500 mg + pyrimethamine[	extsuperscript{*}] 25 mg + leucovorin 10 mg) PO daily (CIII) |
| **Varicella Zoster Virus (VZV) - Primary Infection** | Pre-Exposure Prevention:  
• Patients with CD4 counts ≥200 cells/mm	extsuperscript{3} who have not been vaccinated, have no history of varicella or herpes zoster, or who are seronegative for VZV (BIII)  
**Note:** Routine VZV serologic testing in adults and adolescents with HIV is not recommended  
Post-Exposure Prevention:  
• Close contact with a person with chickenpox or herpes zoster; and is susceptible (i.e., no history of vaccination or of either condition, or known to be VZV seronegative, particularly those with CD4 counts <200 cells/mm	extsuperscript{3}) (AIII) | Pre-Exposure Prevention:  
• Primary varicella vaccination (Varivax	extsuperscript{TM}), two doses (0.5 mL SQ each) administered 3 months apart (BIII).  
If vaccination results in disease because of vaccine virus, treatment with acyclovir is recommended (AIII).  
Post-Exposure Prevention of Primary Varicella Infection:  
• Varicella-zoster immune globulin (VarizIG	extsuperscript{TM}) 125 IU per 10 kg (maximum 625 IU) IM, administered as soon as possible, preferably within 96 hours, but up to 10 days after exposure (AIII)  
**Note:** VarizIG can be obtained through (FFF Enterprises 800-843-7477 or ASD Healthcare 800-746-6273).  
Individuals receiving monthly high-dose IVIG (>400 mg/kg) are likely to be protected if the last dose of IVIG was administered <3 weeks before exposure. | Pre-Exposure Prevention:  
• VZV-susceptible household contacts of susceptible HIV-infected persons should be vaccinated to prevent potential transmission of VZV to their HIV-infected contacts (BIII).  
Alternative Post-Exposure Prevention:  
• Acyclovir 800 mg PO five times a day for 5–7 days beginning 7-10 days after exposure (BIII), or  
• Valacyclovir 1 g PO three times a day for 5–7 days (BIII)  
These alternatives have not been studied in the HIV population. |

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*a* Refer to the [Drug Interactions](#) section in the Adult and Adolescent Antiretroviral Guidelines for dosing recommendations.  
*b* Screening tests for LTBI include TST or IGRA.  
*c* TMP-SMX DS once daily also confers protection against toxoplasmosis and many respiratory bacterial infections; lower dose also likely confers protection.  
*d* Patients should be tested for G6PD before administration of dapsone or primaquine. Alternative agent should be used in patients found to have G6PD deficiency.  
*e* Refer to [Daraprim Direct](#) for information regarding how to access pyrimethamine.  

**Key to Acronyms:**  
- anti-HBc = hepatitis B core antibody; anti-HBs = hepatitis B surface antibody; ART = antiretroviral therapy; BID = twice daily; BIW = twice a week; CD4 = CD4 T lymphocyte cell; DOT = directly observed therapy; DS = double strength; EFV = efavirenz; G6PD = glucose-6-phosphate dehydrogenase; HAV = hepatitis A virus; HBV = hepatitis B virus; HPV = human papillomavirus; IgG = immunoglobulin G; IgM = immunoglobulin M; IGRA = interferon-gamma release assays; IM = intramuscular; INH = isoniazid; IU = international units; IV = intravenously; IVIG = intravenous immunoglobulin; LTBI = latent tuberculosis infection; MAC = Mycobacterium avium complex; N/A = not applicable; PCP = *Pneumocystis* pneumonia; PCV13 = 13-valent pneumococcal conjugate vaccine; PO = orally; PPV23 = 23-valent pneumococcal polysaccharides vaccine; RAL = raltegravir; SQ = subcutaneous; SS = single strength; TB = tuberculosis; TMP-SMX = trimethoprim-sulfamethoxazole; TST = tuberculin skin test; VZV = varicella zoster virus

**Evidence Rating:**  
- Strength of Recommendation:  
  - A: Strong recommendation for the statement  
  - B: Moderate recommendation for the statement  
  - C: Optional recommendation for the statement  
- Quality of Evidence for the Recommendation:  
  - I: One or more randomized trials with clinical outcomes and/or validated laboratory endpoints  
  - II: One or more well-designed, nonrandomized trials or observational cohort studies with long-term clinical outcomes  
  - III: Expert opinion

In cases where there are no data for the prevention or treatment of an OI based on studies conducted in HIV-infected populations, but data derived from HIV-uninfected patients exist that can plausibly guide management decisions for patients with HIV/AIDS, the data will be rated as III but will be assigned recommendations of A, B, C depending on the strength of recommendation.